

Nutrition

The board recognizes that a healthy school environment prepares students for college, careers, and successful futures. Students who eat well-balanced meals are more likely to learn in the classroom. The board supports the district's increased emphasis on nutrition-at all grade levels to enhance the well-being of the district's students. Therefore, it is the policy of the board to provide students with access to nutritious food as stated in this policy and the accompanying procedure.

Nutrition and Food Services Program

The board supports the philosophy of the National School Lunch and School Breakfast Programs and will provide wholesome and nutritious meals for children in the district's schools. The board authorizes the superintendent to administer the food services program, provided that any decision to enter into a contract with a food service management company will require the approval of the board. Expenditures for food supplies shall not exceed the estimated revenues.

Federal Programs

Participation in various federal programs related to nutrition, including the National School Lunch Program, the School Breakfast Program, and the United States Department of Agriculture (USDA Smart Snacks in School nutrition standards, require a wellness policy. The district will address and follow its comprehensive wellness policy in accordance with 6702 – Wellness.

Cross References:	Board Policy 3210	Nondiscrimination
	Board Policy 6701	Physical Education and Recess
	Board Policy 6702	Health and Wellness
Legal References:	RCW 28A.210.365	Food choice, physical activity, childhood fitness - Minimum standards - District waiver or exemption policy.
	RCW 28A.235.120	Meal Programs - Establishment and Operation - Personnel - Agreements
	RCW 28A.235.130	Milk for children at school expense
	RCW 28A.235.140	School breakfast programs
	RCW 28A.235.145	School breakfast and lunch programs -Use of state funds
	RCW 28A.235.150	School breakfast and lunch programs - Grants to increase participation - Increased state support
	RCW 28A.235.160	Requirements to implement school breakfast, lunch, and summer food service programs - Exemptions

RCW 28A.235.170	Washington grown fresh fruit and vegetable grant program
RCW 28A.623.020	Nonprofit program for elderly - Authorized - Restrictions
RCW 69.04	Intrastate Commerce in Food, Drugs and Cosmetics
RCW 69.06.010	Food and beverage service worker's permit - Filing, duration - Minimum training requirements
RCW 69.06.020	Permit exclusive and valid throughout state - Fee
RCW 69.06.030	Diseased persons - May not work - Employer may not hire
RCW 69.06.050	Permit to be secured within fourteen days from time of employment
RCW 69.06.070	Limited duty permit
WAC 392-157-125	Time for meals
2 CFR Part 200	- Procurement
7 CFR, Parts 210 and 220	

Management Resources: 2022 - June
2018 - May Policy Issue
2017 - July Issue
2017 - April Issue
2015 - June Issue
2014 - February Issue
Policy News, February 2005 Nutrition and Physical Fitness Policy
Policy News, December 2004 Nutrition and Physical Fitness Update
OSPI Child Nutrition School Wellness Policy Best Practices for Policy Development, Implementation and Evaluation

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