

# WEEKLY GRAB AND GO MEALS

Mon	Tue	Wed	Thu	Fri
Breakfast Pizza	Mini Maple Waffles	Blueberry Muffin	Mini Blueberry Pancakes	Bagel & Cream Cheese
Corn Dog	Cheesy Breadsticks w/sauce	Burrito	Hamburger	Chicken Nuggets
Cheese Stick or Yogurt	Cheese Stick or Yogurt	Cheese Stick or Yogurt	Cheese Stick or Yogurt	Cheese Stick or Yogurt
Fruit	Fruit	Fruit	Fruit	Fruit
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk

## June 2021

Mon	Tue	Wed	Thu	Fri
6/21	6/22	6/23	6/24	6/25
<b><u>Breakfast:</u></b> Blueberry Pancakes	<b><u>Breakfast:</u></b> Bagel & Cream Cheese	<b><u>Breakfast:</u></b> Blueberry Muffin	<b><u>Breakfast:</u></b> Pancakes w/syrup	<b><u>Breakfast:</u></b> Ham & Cheese Muffin
<b><u>Lunch:</u></b> Chicken Nuggets w/roll	<b><u>Lunch:</u></b> Corn Dog	<b><u>Lunch:</u></b> Chicken Burger	<b><u>Lunch:</u></b> Italian Sub Sandwich	<b><u>Lunch:</u></b> Cheese or Pepperoni Pizza
6/28	6/29	6/30	7/1	7/2
<b><u>Breakfast:</u></b> Breakfast Pizza	<b><u>Breakfast:</u></b> Parfait w/granola	<b><u>Breakfast:</u></b> Biscuit & Gravy	<b><u>Breakfast:</u></b> Donut	<b><u>Breakfast:</u></b> French Toast
<b><u>Lunch:</u></b> Chicken Nuggets w/roll	<b><u>Lunch:</u></b> Southwest Soft Taco	<b><u>Lunch:</u></b> Cheeseburger	<b><u>Lunch:</u></b> Cheesy Breadsticks w/sauce	<b><u>Lunch:</u></b> Chicken Burger

# July 2021

Mon	Tue	Wed	Thu	Fri
7/5 No Meal Service	7/6 <b><u>Breakfast:</u></b> Bagel & Cream Cheese  <b><u>Lunch:</u></b> Cheese or Pepperoni Pizza	7/7 <b><u>Breakfast:</u></b> Turkey Sausage Biscuit  <b><u>Lunch:</u></b> Hot Dog	7/8 <b><u>Breakfast:</u></b> Muffin & Cheese Stick  <b><u>Lunch:</u></b> Cheeseburger	7/9 <b><u>Breakfast:</u></b> Cinnamon Roll  <b><u>Lunch:</u></b> Ham & Cheese Sandwich
7/12 <b><u>Breakfast:</u></b> Mini Blueberry Pancakes  <b><u>Lunch:</u></b> Chicken Burger	7/13 <b><u>Breakfast:</u></b> Omelet w/toast  <b><u>Lunch:</u></b> Chicken & Cheese Quesadilla	7/14 <b><u>Breakfast:</u></b> Pancakes w/syrup  <b><u>Lunch:</u></b> Corn Dog	7/15 <b><u>Breakfast:</u></b> Mini Maple Waffles  <b><u>Lunch:</u></b> Cheese or Pepperoni Pizza	7/16 <b><u>Breakfast:</u></b> Blueberry Muffin Square  <b><u>Lunch:</u></b> Bean & Cheese Burrito
7/19 <b><u>Breakfast:</u></b> French Toast Sticks  <b><u>Lunch:</u></b> Chicken & Waffles	7/20 <b><u>Breakfast:</u></b> Ham & Cheese Muffin  <b><u>Lunch:</u></b> Cheese or Pepperoni Pizza	7/21 <b><u>Breakfast:</u></b> Breakfast Bowl  <b><u>Lunch:</u></b> Cheesy Breadsticks w/ sauce	7/22 <b><u>Breakfast:</u></b> Breakfast Burrito  <b><u>Lunch:</u></b> Chicken Burger	7/23 <b><u>Breakfast:</u></b> Cinnamon Roll  <b><u>Lunch:</u></b> Turkey & Cheese Sandwich
7/26 <b><u>Breakfast:</u></b> Mini Blueberry Pancakes  <b><u>Lunch:</u></b> Chicken Nuggets w/roll	7/27 <b><u>Breakfast:</u></b> Bagel & Cream Cheese  <b><u>Lunch:</u></b> Corn Dog	7/28 <b><u>Breakfast:</u></b> Parfait w/granola  <b><u>Lunch:</u></b> Chicken Burger	7/29 <b><u>Breakfast:</u></b> Pancakes with syrup  <b><u>Lunch:</u></b> Italian Sub Sandwich	7/30 <b><u>Breakfast:</u></b> Donut  <b><u>Lunch:</u></b> Cheese or Pepperoni Pizza

# August 2021

Mon	Tue	Wed	Thu	Fri
<p><b>8/2</b></p> <p><b><u>Breakfast:</u></b> Breakfast Pizza</p> <p><b><u>Lunch:</u></b> Chicken Nuggets w/roll</p>	<p><b>8/3</b></p> <p><b><u>Breakfast:</u></b> Turkey Sausage Biscuit</p> <p><b><u>Lunch:</u></b> Southwest Soft Taco</p>	<p><b>8/4</b></p> <p><b><u>Breakfast:</u></b> Biscuit &amp; Gravy</p> <p><b><u>Lunch:</u></b> Cheese or Pepperoni Pizza</p>	<p><b>8/5</b></p> <p><b><u>Breakfast:</u></b> Blueberry Muffin</p> <p><b><u>Lunch:</u></b> Cheesy Breadsticks with sauce</p>	<p><b>8/6</b></p> <p><b><u>Breakfast:</u></b> French Toast</p> <p><b><u>Lunch:</u></b> Chicken Burger</p>
<p><b>8/9</b></p> <p><b><u>Breakfast:</u></b> Eggo Waffles</p> <p><b><u>Lunch:</u></b> Chicken Nuggets w/roll</p>	<p><b>8/10</b></p> <p><b><u>Breakfast:</u></b> Bagel &amp; Cream Cheese</p> <p><b><u>Lunch:</u></b> Chicken Burger</p>	<p><b>8/11</b></p> <p><b><u>Breakfast:</u></b> Ham &amp; Cheese Muffin</p> <p><b><u>Lunch:</u></b> Cheese or Pepperoni Pizza</p>	<p><b>8/12</b></p> <p><b><u>Breakfast:</u></b> Parfait w/granola</p> <p><b><u>Lunch:</u></b> Cheeseburger</p>	<p><b>8/13</b></p> <p><b><u>Breakfast:</u></b> Cinnamon Roll</p> <p><b><u>Lunch:</u></b> Grilled Cheese Sandwich</p>
<p><b>8/16</b></p> <p><b><u>Breakfast:</u></b> Mini Blueberry Pancakes</p> <p><b><u>Lunch:</u></b> Chicken Burger</p>	<p><b>8/17</b></p> <p><b><u>Breakfast:</u></b> Cheese Omelet w/ Toast</p> <p><b><u>Lunch:</u></b> Chicken &amp; Cheese Quesadilla</p>	<p><b>8/18</b></p> <p><b><u>Breakfast:</u></b> Pancakes w/syrup</p> <p><b><u>Lunch:</u></b> Corn Dog</p>	<p><b>8/19</b></p> <p><b><u>Breakfast:</u></b> Mini Maple Waffles</p> <p><b><u>Lunch:</u></b> Cheese or Pepperoni Pizza</p>	<p><b>8/20</b></p> <p><b><u>Breakfast:</u></b> Blueberry Muffin</p> <p><b><u>Lunch:</u></b> Cheeseburger</p>

**This institution is an equal opportunity provider**

**Menus are subject to change**