

GIVE THANKS NOT COVID!



CLARK COUNTY
WASHINGTON
PUBLIC HEALTH

Let's do the right things to keep our loved ones healthy this holiday season.

Being apart is hard, especially during the holidays. We need to connect and care for each other in new ways this season so we can slow the spread of COVID-19 and keep our community healthy.



SAFE & SNUG LOW-RISK CELEBRATIONS

Celebrating at home with your household



Staying home is still the safest option.



Visit with loved ones by phone or computer.
Try cooking and eating together remotely using an online meeting app.

Visiting from a safe distance



Connect with family and friends by dropping off meals or chatting from a window.



HIGHER RISK NOT RECOMMENDED!

Large gatherings with multiple households
(especially indoors)



Gatherings of any size with people from outside of the household are prohibited unless everyone quarantines for 14 days prior.

Traveling to big holiday gatherings



Travel increases your risk of getting or spreading COVID-19. Staying local is safest!

IF YOU GATHER, KEEP IT SAFE

Gatherings of **any size** increase the risk of getting or spreading COVID-19.

If you choose to gather with others, take steps to keep everyone safe:

- **Self-quarantine:** Have all guests quarantine for 14 days prior or for 7 days prior and have a negative COVID-19 test.
- **Stay apart to get together:** avoid contact with others prior to gathering.
- **Keep it small:** fewer people is safer.
- **Keep it spaced:** stay at least 6 feet apart.
- **Keep it fresh:** bundle up and gather outside or keep windows open.
- **Keep faces covered:** wear a mask over your mouth and nose anytime you are not eating or drinking.
- **BYOT (Bring-Your-Own-Turkey):** encourage guests to bring their own meals instead of sharing.



IMPORTANT: Do not gather with others or invite guests if you are feeling sick (even just a little sick)!

FOOD FOR THOUGHT: ALTERNATIVES TO THE BIG MEAL

This has been an odd year, so why not try a new tradition?

- Hold a remote potluck with friends and family by delivering meals to each other's homes.
- Donate to a food bank or other charity.
- Get outside for a walk or a hike.

MORE TIPS & INFORMATION:

coronavirus.wa.gov/gatherings | cdc.gov | clark.wa.gov/public-health