

# North Fork Elementary School Newsletter

**May 2020**



## At Home Learning Recommendations

During the first few weeks of home learning, we provided Home Learning Opportunities to be used at home as best you could. With the Governor's orders to close schools and continue learning at home, we have some new recommendations we hope to support you with. In order to ensure your child has the best start for next year, we have selected learning targets that we want your children to have exposure to for the remainder of the year. In an effort to accomplish this, your child's teacher is providing multiple ways for him/her to engage in learning and would like the opportunity to talk to you and your child via phone, google meet or google classroom each week. We know this home learning is so different and can be difficult and we are so thankful for the help you are already providing.

## How much time should we spend on learning activities?

There is no expectation you try to replicate a normal school day schedule at home.

The following times are recommended by the state superintendent of public instruction.

- Kindergarten and First Grade: 45 minutes
- Second and Third Grade: 60 minutes
- Fourth Grade: 90 minutes
- No more than 3 hours a day

Every family is different. If your child is struggling to meet these basic guidelines, or you want additional enrichment activities, you can talk with your child's teacher for suggestions.





## **Learning Packets:**

### **Learning Packet Pick Up Dates:**

Monday, May 11th, 9:00 am - 3:00 pm

Tuesday, May 26th 9:00 am - 3:00 pm

Monday, June 8th, 9:00 am - 3:00 pm

When you pick up your new packet please return the completed one. Our teachers are excited to see the work your students have been accomplishing. If you're able to take pictures or scan and return it electronically that is another great way to get it turned in.

## **Library Books**

If you have library books that are ready to be returned please bring them during the packet pick up and drop off.

## **Yearbook & Class pictures**

If your family purchased a class picture those will be mailed directly to you. We are planning on making sure every student has a yearbook. We are looking for "At Home" learning pictures to include in our yearbook. We recognize what an unusual year this is and want to make sure students have a yearbook to look back at. Send those pictures to your child's teacher. The yearbooks will be available in June and can be picked up or mailed to you.

## **Personal Items:**

We know that your child may have some personal items in his/her classroom that you'd like to take home. As soon as the stay at home order is lifted, we will have a plan in place to make sure those items are returned.

## **Family School Communication:**

Families, thank you for your feedback concerning ClassDojo and all of the posts. If you are struggling to filter through all the posts to get the information you need, signing in as your student will allow you to view your child's class posts. We are moving towards Google Classroom as a better option for learning and we appreciate your patience as teachers learn this new platform to interact with students.



# PBIS SETTINGS AND EXPECTATIONS



## ***PBIS At Home***

### ***Positive Behavior Strategies for Home Learning***

Your students are likely very familiar with the WOODLAND WAY. The Woodland Way is what we call our school-wide behavioral expectations. It is broken down by three categories: be safe, be respectful, and be responsible. Students are expected to show these three behaviors in all areas of their day from the classroom to hallways and bathrooms, to lunch and playground, and even to the front office and in specials. Our building has the 3 expectations posted in every area on campus that students interact in, with descriptors outlining how to be safe, respectful, and responsible.

This behavior structure is part of our school PBIS system (Positive Behavioral Interventions and Supports). PBIS is a “a highly effective way to build children’s social-emotional-behavioral skills and reduce challenging behaviors. PBIS can be effectively used at home too and is especially helpful when events disrupt normal routines” ([PBIS.org](https://www.pbis.org)). This structure is one that is implemented district wide and, in many schools, nationwide. If you are finding it challenging to engage your children in home learning, then implementing PBIS strategies in your home may be the perfect solution. PBIS has a heavy emphasis on routine and structure making, while incorporating praise as a positive reinforcer.

Here are some strategies you can easily implement PBIS, or “the Woodland Way,” in your own home. It may be useful to even include your child in the creation and implementation of the Woodland Way. If you include your child in the implementation process, you will be giving them a sense of ownership and investment which will foster prolonged engagement.





## Routines/Schedule

Elementary Routine Example	
<b>Get Ready to Learn</b>	<i>Wake up, get ready for the day, &amp; eat breakfast</i>
<b>Morning Check-in</b>	<i>Review morning schedule &amp; expectations. Check-in (How are you doing today? Do you have any questions?)</i>
<b>Morning Movement*</b>	<i>Consider a walk outside, yoga, "hike" inside on the stairs, etc.</i>
<b>Structured Learning<sup>‡</sup></b>	<i>Establish times for core academic activities, like reading, math, writing</i>
<b>Lunch Check-in</b>	<i>Eat healthy lunch, review afternoon schedule &amp; expectations. Check-in (How are you doing? Do you have any questions?)</i>
<b>Afternoon Learning Activities</b>	<i>Consider a virtual field trip, art, music, science, or other fun learning activity</i>
<b>Afternoon Movement</b>	<i>Consider a walk, dance party, or similar active movement options</i>
<b>Social Connection<sup>§</sup></b>	<i>Connect with family members or friends via social media, phone, etc.</i>
<b>Evening Family Time &amp; Bedtime</b>	<i>Maintain typical evening routines to connect with each other</i>

Sample from  
PBIS.org





Be Safe  
Be Respectful  
Be Responsible

### Woodland Way Behavior Matrix

#### School Example

	Classroom	Cafeteria	Dismissal
Be Respectful	Raise your hand before speaking	Throw your food away when done eating	Listen to teacher instructions
Be Responsible	Turn in your homework when it is due	Bring your lunch money to lunch	Have your backpack ready
Be Safe	Walk when holding scissors	Keep feet on the floor	Walk in the hallways

#### Home Example

	Virtual Classroom	Mealtime	Bedtime
Be Respectful	Keep background noise to a minimum when engaged in lesson	Be kind to family members during conversation Put your dishes in the sink	Be polite when reminded about bedtime
Be Responsible	Do your best work Turn in your homework when it is due	Wash your hands before helping with meal preparation and/or eating	Go to bed on time
Be Safe	Keep open drink away from computer keyboard	Keep feet on the floor	Wash your hands before brushing your teeth

Sample from PBIS.org







### **Teach, Remind, Reward (with positive feedback)**

This model emphasizes the importance of TEACHING the behavior you want, REMINDING the child of the expected behavior and household expectations, and REWARDING the child when he/she models the adult expected or agreed on behavior

Sample from [PBIS.org](http://PBIS.org)

	<b>Be Respectful</b> <i>Example: Kind Language</i>	<b>Be Responsible</b> <i>Example: Do Your Best Work</i>	<b>Be Safe</b> <i>Example: Wash Hands</i>
<b>Teach</b>	Describe what kind language does (and does not) sound like in your home. Demonstrate kind language and ask children to practice kind language with you.	Describe what "doing your best" means in your home. Examples might include focusing on your work, reading/listening to all instructions before beginning, asking for help when needed, and sticking with it until done. Discuss what this looks like (and does not look like) across the types of learning activities.	Describe and demonstrate how to wash hands (using various posters available from CDC). To ensure your children wash their hands for 20-30 seconds, have them pick a portion of a favorite song to sing.
<b>Remind</b>	At the start of the day and each new activity where kind language is expected, remind kids to be kind. For example, "Playing games together is fun, and let's remember to be kind with our words."	At the start of the day and at the beginning of new or difficult activities, remind children to "do their best work."	Before meal preparation, before eating, after using the bathroom, or after touching their face, remind children to wash their hands.
<b>Reward with Positive Feedback</b>	When your child is kind, provide specific praise. For example, "Thank you for being kind when your sibling was having a hard time."	When you see your child doing their best, provide specific praise. "It's great to see you doing your best! I think you'll be proud of your work!"	When you see your child washing their hands, provide specific praise—for example, "Awesome handwashing! Thanks for keeping our family safe."








The information in this article was summarized from [PBIS.org](https://assets-global.website-files.com/5d3725188825e071f1670246/5e83b41b7df0210d47588d12_Supporting%20Families%20with%20PBIS%20at%20Home%20FINAL.pdf). If you would like the full article and more information, please review this link [https://assets-global.website-files.com/5d3725188825e071f1670246/5e83b41b7df0210d47588d12\\_Supporting%20Families%20with%20PBIS%20at%20Home%20FINAL.pdf](https://assets-global.website-files.com/5d3725188825e071f1670246/5e83b41b7df0210d47588d12_Supporting%20Families%20with%20PBIS%20at%20Home%20FINAL.pdf)

If you are interested in setting up the Woodland Way in your home, and would like help creating it, please feel free to contact me at [hensleyc@woodlandschools.org](mailto:hensleyc@woodlandschools.org). I would be happy to explain the process more in depth, and assist your family in creating the structure you desire at home. Be well!



## Focus for the Month: **Visionary**

### Motivation Formula

-  Developing self-discipline will make you stronger, making challenges easier to overcome.
-  Giving up sometimes makes us weak and limits our opportunities.
-  When we put our time and energy into positive activities, we will become stronger and more capable of reaching our goals.

~ Rules ~ Laws ~ Resistance ~ Expectations ~ Easy Choice ~  
~ Hard Choice ~ Baby Steps ~ Self Discipline ~ Society ~ Potential ~



### **Teacher Appreciation Week, May 4th - 8th**

We would like to send out a BIG shout out to our families that are partnering with us in finishing the school year!

You are stepping in to coach your students through the learning and we know how challenging this can be! It has also been challenging for our teachers as they have been learning how to virtually instruct, monitor, and support students' growth!

Let's partner together to celebrate all the people in our children's lives that are supporting their learning through this pandemic!

*The North Fork Staff would like to wish you a very Happy Mother's Day!*



Do you have a case of the "I'm bored" at your home? You might want to look at the Woodland Public School site, click on the Home Learning Resources. Scroll down till you see [Some Other Resources](#) and you will find fun activities like art lessons, virtual tours of museums, crafts, science experiments to watch, audio books for all ages, the Scholastic site and lots of other fun ideas!





The PTSA needs your help! With our last meeting being canceled due to the COVID closure, we will need to hold some sort of meeting online to finalize the year and vote in new officers. Those of us currently on the board are willing to stay on till next year, but we would be greatly appreciative if there are a few more people who would be interested in joining us. If you are interested, please email us at [woodlandpts@gmail.com](mailto:woodlandpts@gmail.com) or message us on Facebook. Please be sure to watch our Facebook page for end of the year details later in May. Thank you all for your support of our schools and your PTSA!

Alexis Black  
PTSA President

**Woodland PTSA Board**  
Alexis Black, President  
, Vice-President  
Alisa Agee, Treasurer  
Holly McNutt, Secretary



**If you have been wondering about the Field Trip refunds, they will be coming soon!**

### **Parent Input Form**

**\*There is a Parent Input form attached, please complete the form and return to the school by May 26<sup>th</sup>. Thank you!**

We conform to all the laws, statutes, and regulations concerning equal employment opportunities and affirmative action. We strongly encourage women, minorities, individuals with disabilities and veterans to apply to all of our job openings. We are an equal opportunity employer and all qualified applicants will receive consideration for employment without regard to race, color, religion, gender, sexual orientation, gender identity, or national origin, age, disability status, Genetic Information & Testing, Family & Medical Leave, protected veteran status, or the use of a trained dog guide or service animal or any other characteristic protected by law and provides equal access to the Boy Scouts and other designated youth groups. We prohibit retaliation against individuals who bring forth any complaint, orally or in writing, to the employer or the government, or against any individuals who assist or participate in the investigation of any complaint or otherwise oppose discrimination. Inquiries regarding compliance procedures may be directed to the School District's Title IX Coordinator, Discrimination Officer and Affirmative Action Officer, Vicky Barnes, 800 Second St. Woodland, WA 98674, [barnesv@woodlandschools.org](mailto:barnesv@woodlandschools.org), (360) 841-2702, or 504 Coordinator, Jake Hall, 800 Second St. Woodland, WA 98674, [hallj@woodlandschools.org](mailto:hallj@woodlandschools.org), (360) 841-2720