

North Fork Elementary School Newsletter

February 2020



Our school has a new program this year entitled Kids @ Hope. The program is based on three principles; Belief, Connect, and Time Travel with our students. We know that students succeed when they are surrounded by adults who believe they can succeed. We also know that when they have meaningful and sustainable relationships with caring adults children succeed. Research also has proven that when a student can articulate their future in the four areas of Home & Family, Education & Career, Community & Service, and Hobbies & Recreation that they succeed.

We are celebrating these four areas during our **Kids @ Hope week, February 18 - 21st**. Tuesday we will be celebrating our families by having a Spaghetti & Bingo night. Wednesday we will be focusing on how to give back to our community through service. Thursday students will be learning about education opportunities and careers during our Career Day and Friday students will have the chance to share their hobbies and what they do for fun. It is going to be a great week of helping students envision their futures. Here is a website to learn more about the science of hope and this national program;

www.kidsathope.org.

All students should:

- Feel Safe.
- Be Successful.
- Have connected to at Least One Adult.
- Time Travel in 4 Destinations:
 - [Home and Family](#)
 - [Education and Career](#)
 - [Community and Service](#)
 - [Hobbies and Recreation](#)

Imagine a community where children and adults are successful at learning everyday about the critical skills essential for success in college, career, and life.



WOODLAND

Upcoming Events

**January 6 –
February 3**
i-Ready Mid-Year
Testing - Math &
Reading

**January 21 –
February 4**
Highly Capable Referral
Window - Applications in
the school office.

February 6
Coffee & Conversation
1:00-1:30 NFES Library

February 11th
Ballots must be mailed
today.

February 14th
Spirit Day – Kindness
&
Valentine's Day



February 17th
Presidents Day - Holiday





February is National Dental Health Month!



Lifelong habits begin at home. Make dental health part of your daily routine and share these reminders with your whole family:

- ☺ Brush your teeth at least twice a day with fluoride toothpaste, especially after breakfast and before bedtime. Drinking water after eating also helps to clear your teeth of food particles.
- ☺ Floss every day. An adult should help children under the age of eight to floss. Older children should be ready to floss on their own.
- ☺ Limit the number of times you eat snacks, especially the sticky ones and long-lasting ones.
- ☺ Visit a dentist regularly for a routine checkup and a cleaning.
- ☺ Protect your teeth by wearing a mouth guard when playing sports.
- ☺ Don't forget to change your tooth brush regularly, and after an illness.



[Join the Fun Collecting Bottle Caps!](#)
[North Fork Elementary Eagles Collage!](#)

We are collecting bottle caps for our Eagle collage that will be on the wall by the front door. All sizes of plastic caps and many colors are needed, we have 3 buckets throughout the school for the Kido's to drop off the caps into.



Save the Date

For North Fork Elementary School College and Career Day February 20th

This event will take place during our Kids at Hope Week, February 18-21

Working Professionals, are you interested in spending an afternoon with students? We are looking for parents and community members that would be interested in joining us as presenters during College and Career Day.

If you would like to join us, or have any questions please call the office at 360-841-2750. Watch for more information on Career Day and Kids at Hope Week coming soon!



Breakfast Logic

Breakfast is a good thing!

When students need to take achievement tests, schools strongly urge them to eat breakfast first on testing days. Why? Because we know that when students eat breakfast, they perform better and are better able to concentrate. Yet on “normal” days, many students fail to eat breakfast; they’re too busy, too tired, or just don’t know what to eat.

Let’s help students to perform better every day, by making sure they eat a healthy breakfast at home or at school.

**Thank you for all the laminating, cutting, copying and popcorn you pop!
All this you lovingly do for NFES we appreciate all your support!**



Focus for the Month: Problem Solver

Motivation Formula

🦊 When you put the tools from the visual metaphor into action, and when you develop an awareness of the positive and negative ways that others can influence you, you will be prepared to avoid negative behaviors and their consequences.

🦊 If you are in trouble at home, at school, or with friends, you are in the pot.

🦊 To Climb out of the pot, you must follow certain steps and not let others pull you down.

~ Peer pressure ~ True friends ~ False friends ~ The pot ~ Characteristics ~
~ Change ~ Influence ~ Attacked ~ Control ~



MISS CARLY'S CORNER

February is both Black History Month, and a month of recognizing those in our lives whom we love. I am encouraging students to see the loveliness in the differences of others, at school and in their community. We are all different in many ways: skin color, hair color, likes, dislikes, abilities, thoughts, and beliefs. Recognizing and loving the uniqueness in others is a great way to show compassion and respect for others, making the schools and communities we live in foster a more inclusive environment. Below is a poem about diversity, and an activity you can do at home with your students.

"Diversity"

Diversity is important
Because we are all unique
Life would be boring if we were all the same
Everyone is one of a kind
And special in our own way
Like the colors of a Rainbow

Now it's your turn! Write your own poem that expresses the beauty in diversity or differences. Then draw a picture to go along with it.

Books on diversity awareness, Black History Month, kindness, and love



Future Chefs

North Fork Elementary School is very excited to have 8 students who submitted their recipes and were selected for the "Future Chefs" Culinary competition: Hayden Summers, Daphne Starr, Tristan Wilcox, Kimber Kennedy, Isabelle Erickson, McKenzie Plumb, Jamison Moultrie, & Leah Pierson. They will be competing March 24th, at Woodland High School. The winner will be entered in a Future Chefs National Competition.

 **Remember to Vote ballots must be mailed in by February 11th, 2020**

We conform to all the laws, statutes, and regulations concerning equal employment opportunities and affirmative action. We strongly encourage women, minorities, individuals with disabilities and veterans to apply to all of our job openings. We are an equal opportunity employer and all qualified applicants will receive consideration for employment without regard to race, color, religion, gender, sexual orientation, gender identity, or national origin, age, disability status, Genetic Information & Testing, Family & Medical Leave, protected veteran status, or the use of a trained dog guide or service animal or any other characteristic protected by law and provides equal access to the Boy Scouts and other designated youth groups. We prohibit retaliation against individuals who bring forth any complaint, orally or in writing, to the employer or the government, or against any individuals who assist or participate in the investigation of any complaint or otherwise oppose discrimination. Inquiries regarding compliance procedures may be directed to the School District's Title IX Coordinator, Discrimination Officer and Affirmative Action Officer, Vicky Barnes, 800 Second St. Woodland, WA 98674, barnesv@woodlandschools.org, (360) 841-2702, or 504 Coordinator, Jake Hall, 800 Second St. Woodland, WA 98674, hallj@woodlandschools.org, (360) 841-2720