Beaver News

November 2026

Volume 7, Issue 2

High School Friendships Can be Tough

I was in high school once. It was a long time ago, but it did happen and, while I may not remember the classes or the bell schedule, or the assignments, I do remember the friendships. For teenagers, friendships are not merely social outlets; they are the primary mirror through which they test their identity, independence, and belonging.

Watching your child navigate this landscape can feel like riding an emotional rollercoaster from the passenger seat. When their social world wobbles, our parental instinct is often to take the wheel. However, supporting a teen through social challenges requires a shift from managing their relationships to mentoring their resilience.

Here are four practical ways to help your teenager build healthy, lasting connections during these teenage years:

1. Be a Sounding Board, Not a Fixer

When your teen vents about being left out of a weekend plan or feeling hurt by a comment, resist the urge to immediately call another parent or dictate a solution. Unsolicited advice often feels like criticism to an overwhelmed teen. Instead, validate their feelings first: *"That sounds really discouraging,"* or *"I can see why that hurt."* Once emotions settle, ask open questions like, *"What do you think your next step should be?"* or *"Do you want me to just listen, or help you brainstorm?"* Empowering them to solve interpersonal struggles now builds confidence they will rely on well into adulthood.

2. Normalize Friendship Shifts

Many students enter ninth grade expecting their middle school friend group to remain intact forever. When interests diverge and groups reorganize, teens often interpret it as a personal failure or betrayal. Remind them that outgrowing a friendship is a natural part of growing up, not a catastrophe. Encourage them to stay kind, avoid hallway gossip, and explore new electives, clubs,

High School Friendships cont.

or athletics where they can meet peers who share their current passions.

3. Keep Your Home an Open Harbor

One of the simplest ways to understand your teen's social world is to make your living room or kitchen an inviting place to gather. Stock easy snacks, provide a welcoming environment, and then step into the background. You do not need to hover to observe how peers treat one another. Notice whether friends lift your child up, listen attentively, and respect house rules.

4. Distinguish Everyday Friction from Harmful Dynamics

Disagreements, brief misunderstandings, and changing social circles are normal developmental milestones. However, persistent exclusion, controlling behavior, pressure to compromise personal values, or sudden withdrawal from activities and academics signal something deeper. If you notice marked changes in mood or sleep, check in directly and gently.

Our doors at school are always open. If you ever sense your teen is experiencing genuine harassment or bullying, we want to know right away. Our priority is always your student's safety.

Connect Night and Veterans Day at WHS

On Thursday, November 12, WHS students and staff will be honoring our veterans in our Veterans Day assembly starting at 1:25 pm in the main gym. At our assembly, we will be honoring our Woodland High School community veterans and their family members. We hope to see many of you there.

Lastly, a huge thank you to everyone who helped to make Connect Night a huge success. 238 community members attended and were treated to games, information, and over 330 parent teacher conversations. It was a fantastic event!

Helpful Information Links

ATHLETICS: https://www.woodlandschools.org/page/95, https://www.woodlandschools.org/page/48
- For updated information and sport schedules: https://www.arbiterlive.com/Teams?entityId=26210, https://whsbeavers.com/

BELL SCHEDULE: https://www.woodlandschools.org/page/6812

CELL PHONE POLICY & Personally Owned Electronic Devices:

COMMUNITY RESOURCES: https://www.woodlandschools.org/page/59, https://www.woodlandschools.org/page/203
- Latino & Spanish speaking families: https://www.woodlandschools.org/page/341

COUNSELING: https://www.woodlandschools.org/page/99
- Career Pathways https://sites.google.com/woodlandschools.org/whs-curriculum-handbook/pathways?authuser=0
- Financial Aid: https://studentaid.gov/h/apply-for-aid/fafsa, https://www.woodlandschools.org/page/108

DIGITAL RESOURCES: https://www.woodlandschools.org/page/116

FOOD SERVICES: https://www.woodlandschools.org/page/45
FOOD MENU: https://woodlandschooldistrict.nutrislice.com/menu/woodland-high-school

HEALTH DESK: https://www.woodlandschools.org/page/21
- Parents - If your child has a life-threatening health condition that requires rescue medication, medication orders and an updated care plan should be in place. If you have any questions you can reach our district nurse, Kerri Six at sixk@woodlandschools.org or 360-841-2837.

SENIORS:
- Here is a link to the Senior Page on our District Website https://www.woodlandschools.org/page/124

TECH SUPPORT: https://www.woodlandschools.org/page/195, https://www.woodlandschools.org/home-tech-support

YEARBOOK & PICTURES: https://www.woodlandschools.org/page/117

2026 - 2027 Counselors -

Spring Dowse - Students with the Last Name starting with A - G, AVID Counselor and Hope Squad
Brock Johnson - Students H - M, College in High School Coordinator
Catherine Pulliam - Students N - Z, Cascadia Tech and Running Start Coordinator

2026 - 2027 YEARBOOK COST

- Now through January 2027 - $55
- February through April 2027 - $60
- May 2027 (wait list) - $65
    - Your name will be put on a wait list, you do not pay in advance. Once yearbooks come in and we have a book for you, then you will pay before receiving the book.
- NO Engraving Available

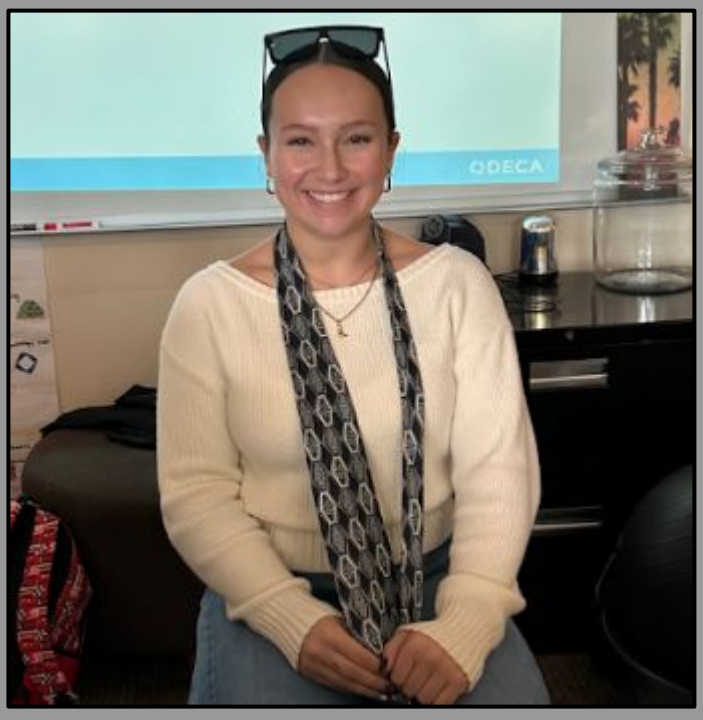
Check, cash, or card in the WHS office, or online through InTouch.







DECA TIE WORKSHOP





UPCOMING NOVEMBER & DECEMBER EVENTS

- November 4 - College & Career Fair
- November 11 - Veterans Day - No School
- November 12 - Veterans Day Assembly during GRIT (students only)
- November 19 - Winter Athletic Parent Night
- November 25 - 27 - Thanksgiving Break - No School
- December 8 - Red Cross Blood Drive 8:30 am - 1:30 pm
- December 8 - Winter Concert - 7:00 pm WHS Commons
- December 21 - January 1 - Winter Break - No School



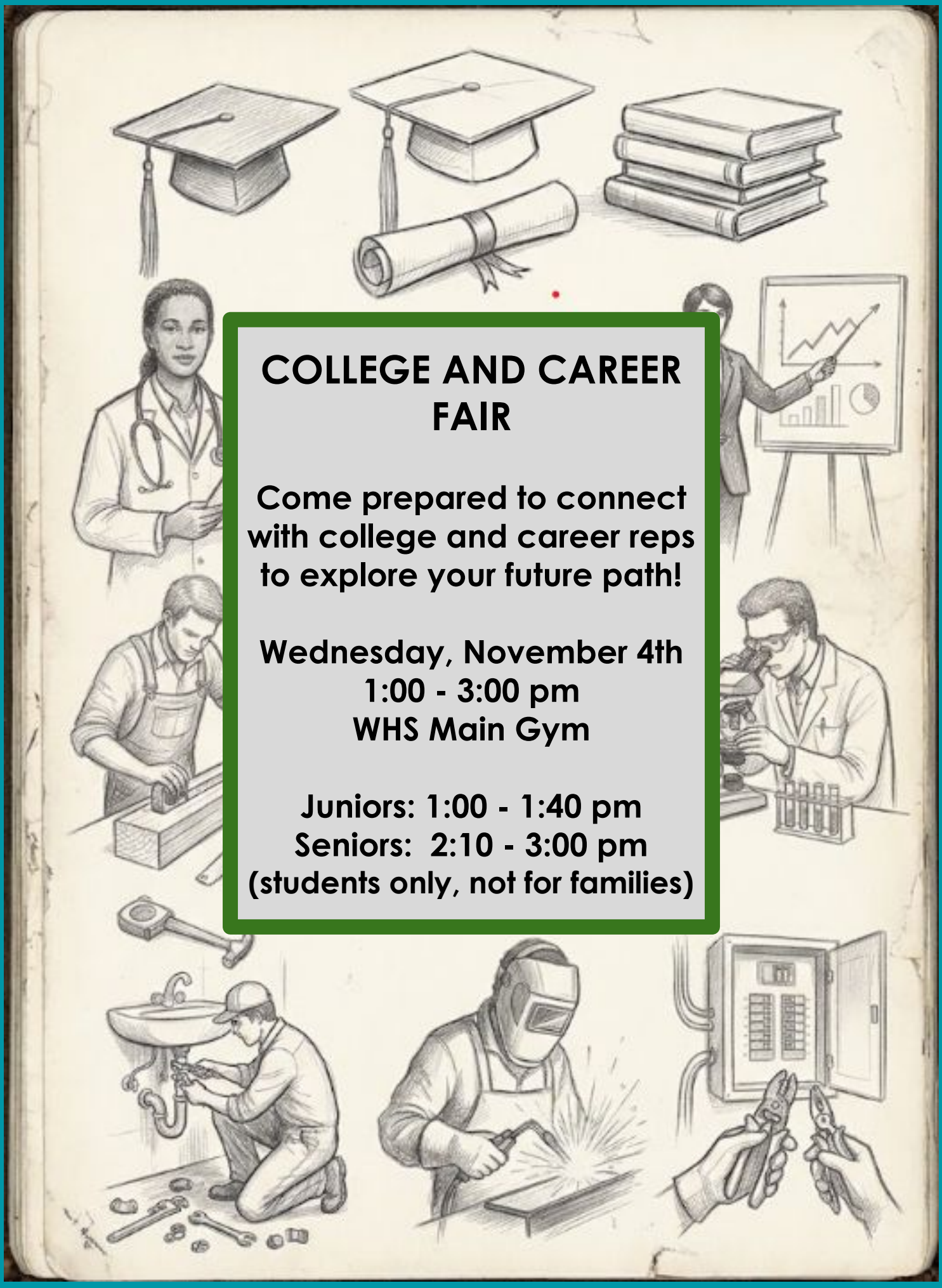
Need to excuse your student for being late?
Call WHS Office 360-841-2800, push zero

Need your student to leave early?
Call WHS Office 360-841-2800, push zero

Your student won't be at school?
Call WHS Office 360-841-2800, push zero



If you need the front desk, push one

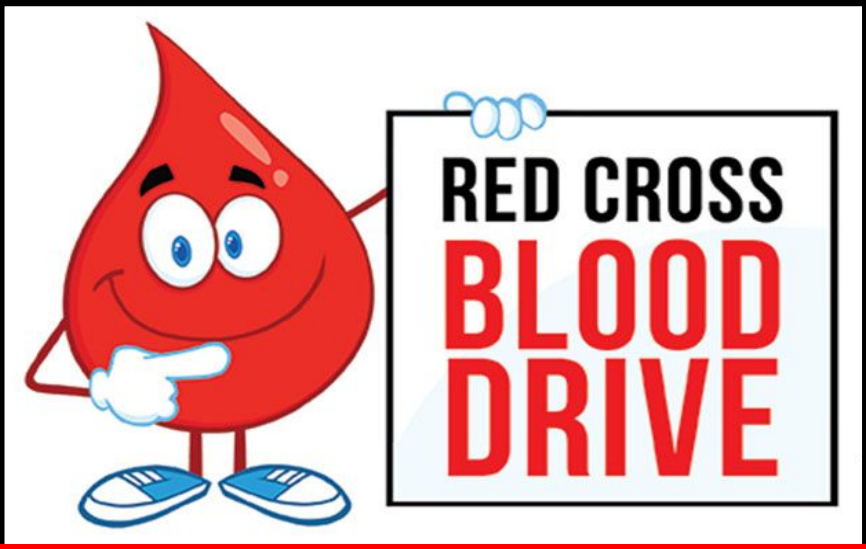


COLLEGE AND CAREER FAIR

Come prepared to connect with college and career reps to explore your future path!

Wednesday, November 4th
1:00 - 3:00 pm
WHS Main Gym

Juniors: 1:00 - 1:40 pm
Seniors: 2:10 - 3:00 pm
(students only, not for families)



WHEN: Tuesday, December 8
WHERE: Woodland High School, AUX Gym
TIME: 8:30 am - 1:30 pm

Students, staff, and community members are welcome! 16 & 17 year olds can donate with parent permission. Community members can sign up for a time slot on the Red Cross website https://www.redcross.org/



Winter Band & Choir Concert
Tuesday, December 8th at 7:00 pm
WHS Stage / Commons

VERY IMPORTANT INFORMATION



SENIORS - CLASS OF 2027

SENIORS - the **'Nice Senior Portrait'** where you wear a black shirt AND the **'Senior Silly Picture Day'** will be on the same day this year:

- Thursday, Dec. 3
- 10:00 - 2:00 Aux Gym
- Full details, rules, cost for each picture and other important information will be posted on our website at the links below, emailed to all Seniors, and a Talking Point will be sent to parents.

CAP AND GOWN ORDERING - highschool.HerffJones.com

- Scan the QR code
- Click Shop Graduation Products
- Click Grad Gear & Apparel
- Scroll to Grad Essentials
- Click Cap, Gown & Tassel Unit
- Add to cart and checkout

Questions? 1-866-238-5336 highschool.cs@herffjones.com herffjones.com

SENIOR INFORMATION WILL BE DISTRIBUTED IN THE FOLLOWING WAYS:

- Seniors you will be notified by email.
- Info will be posted on our Senior Information page see link below.
- Paper copies of info will be available on the Senior counter in the front office.
- ANY QUESTIONS? See Sheri or Sarah in the front office.
- Info will be announced in the Daily Morning Bulletin, posted on Senior GRIT Slides, also see your Senior Class Advisor, Ms. Klaus.

REMINDERS ~ SENIORS ~ REMINDERS

- Check your school emails often.
- Tell your Running Start friends to check their Woodland High School email often.
- Check the website often.
  - Senior Information: https://www.woodlandschools.org/page/124
  - Yearbook & Pictures: https://www.woodlandschools.org/page/117

WOODLAND HIGH SCHOOL
CLASS OF 2027



October 29th - Ordering opens!

December 14th - Swag Delivery
Pick up your apparel, accessories, and extra tassels on campus during lunch

December 31st - Order Deadline
Order by this date to guarantee your gown size and secure the lowest price

February - Announcements
Your grad announcements will ship directly to your home

June - Gown Delivery
Woodland HS will share details for on-campus pickup

highschool.cs@herffjones.com
1-866-238-5336

From the Counseling Department

FAFSA 2027-2028 Is Open! Let's Unlock Opportunities Together!

Attention students and families! The **2027-2028 FAFSA (Free Application for Federal Student Aid)** is now open. Whether college, trade school, apprenticeship training, or another post-high school pathway is in your future, completing the FAFSA is an important step toward accessing grants, scholarships, work-study, and other financial aid opportunities.

Don't assume you won't qualify. Many students are surprised by the aid they receive! Completing the FAFSA early can help maximize your opportunities and reduce stress later in the year.

- Explore your options
- Unlock potential financial aid
- Take the next step toward your future

Students and parents, make a plan to complete the FAFSA together and get a head start on funding your dreams!

Your future starts now. FAFSA is open, let's get it done!

Where to Apply
- **FAFSA:** studentaid.gov
- **WAFSA:** wsac.wa.gov/wafsa

Explore Your Student's Future!

Wondering what opportunities are available after high school? Whether your student is interested in college, apprenticeships, trade schools, military service, or entering the workforce, there are great resources available to help them explore their options.

We encourage families to visit **SchooLinks** and **College Board** with their student(s) to discover career pathways, education opportunities, scholarship information, and planning tools. These platforms make it easy to explore interests, compare options, and start building a plan for life after high school. Parents can also create a guardian account to help track student progress and interest.

Take a few minutes to explore with your student. You might be surprised by the exciting possibilities waiting for them!

SchooLinks Guardian access support - https://support.schoolinks.com/en/articles/4513099-guardian-access-your-account

College Board - https://www.collegeboard.org/

TOP SECRET TASTE TEST

1ST ANNUAL HIGH SCHOOL STUDENT CULINARY COMPETITION!

YOUR MISSION:

SUBMIT YOUR RECIPE.

THE CHALLENGE: HEALTHY HANDHELDS

This year's theme, **Healthy Handhelds**, challenges highschool students to transform fresh, nutritious ingredients into the next must-have school meal. We're looking for bold flavors, creative presentations, and portable creations that students will be excited to grab and enjoy.

From sandwiches and wraps to bowls, pitas, snack boxes, and other innovative portable creations, students are encouraged to think "**outside the box**" literally.

Create a healthy, delicious menu item that is easy to enjoy on the go and so good that fellow students will be asking for seconds.

1. **SEND IN YOUR SECRET RECIPE.**
   Scan the QR code below to submit your recipe from home.
2. **LET THE TASTE TEST BEGIN.**
   The **top 3 recipes** from your district will be taste-tested.
   Fun facts offer clues. Your identity stays secret until the reveal.

SCAN TO

SUBMIT

Your recipe could be the next big thing on the school menu!

BRING THE FLAVOR. GET CREATIVE.



USDA is an equal opportunity provider, employer and lender.

QR: https://topsecrettastetest.com

School Board Meeting - November 12 at 6:30 pm
ALL TEACHERS CAN BE REACHED BY email using the following format: first seven letters of their last name & first initial of first name @woodlandschools.org (Ex: pearsonp@woodlandschools.org)
Woodland High School 1500 Dike Access Road Woodland, WA 98674-9498,
Main Line 360-841-2800 Fax: 360-841-2801
Dr. Phillip Pearson, Principal - Michael Lindsay, Assistant Principal

Woodland Public School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression, gender identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination: Vicky Barnes, Title IX Officer, Civil Rights Coordinator, and Affirmative Action Officer, 800 Second St. Woodland, WA 98674, barnesv@woodlandschools.org, (360) 841-2702 Jake Hall, 504 Coordinator, 800 Second St. Woodland, WA 98674, hallj@woodlandschools.org, (360) 841-2720. You can report discrimination and discriminatory harassment to any school staff member or to the district's Civil Rights Coordinator, listed above. You also have the right to file a complaint. For a copy of your district's nondiscrimination policy and procedure, contact your school or district office or view it online at www.woodlandschools.org.

District Vision Statement: Woodland Public Schools, in partnership with its community, will create a PreK-12 system that serves and supports ALL children and ensures EACH child has FULL access to, is engaged in, and obtains an excellent education that prepares them for responsible citizenship and a future of adaptability and success in life and their chosen endeavors.

District Calendar
Woodland High School Calendar of Events: https://www.woodlandschools.org/page/92





Woodland Beaver Boosters
woodlandboosters@gmail.com
Like us on FB @ Woodland Beaver Boosters,
Instagram @ WHS Beaver Booster Club
Twitter - Woodland HS Beaver Booster Club
@beaver_hs

The District does not sponsor this event and the District assumes no responsibility for it. In consideration of the privilege to distribute materials, the Woodland School District shall be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney's fees and judgments or awards.

NO SCHOOL

November 11
Veterans Day Holiday

November 25-27
Thanksgiving Holiday